



Ursuline College Sligo



NEWS BULLETIN – 21/01/2022

Key updates and information for parents/guardians, staff & students



Remembering Ashling Murphy



This Wednesday we held a minute of silence to remember the late Ashling Murphy. The horrific circumstances of her death have once again brought the topic of women's safety to the forefront. As an all-girl's school, this is a topic that affects each and everyone one of us. We used this minute to remember the young teacher, and all of her family and friends. Ashling was a young woman with many hopes and dreams and her life ahead of her. We can only hope this terrible incident will allow people to remember that there are many women all over the world who are subjected to violence and injustice every day. They are mothers, grandmothers, sisters, daughters, cousins, nieces, and friends. Please remember to be kind to each other and show respect to everyone. Our thoughts are with Ashling's family at this difficult time. *Ar dheis Dé go raibh a anam*

Welcome


We would like to extend a very warm welcome to some new readers of our News Bulletin. This week our Incoming 1st years and their families are getting a glimpse into life in UCS. We hope you enjoy the news, updates and weekly roundup of weekly activities. Welcome to the UCS family



#WeAreUCS

#Togetherness

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TY's Learn to Handle the Courtroom

TY students had the chance to complete a Public Access to Law Workshop with two visiting barristers, Peter Paul Hughes and Ronan Mugan. They learned the ins and outs of the law, and the different types of law in Ireland. The students also heard about current and past cases in court, and how to begin a career as a barrister. The girls even got to participate in a mock trial, with some students taking the stand as witnesses and others doing some serious questioning as prosecuting barristers! We may have some budding solicitors and barristers on our hands after seeing how they controlled the mock trial courtroom. The girls got a taste of court life previously seen only on Judge Judy!



#weareucs #publicaccesstolaw #futurecareer



BT YOUNG SCIENTIST
& TECHNOLOGY Exhibition

Well done to all the BT Young Scientist groups who took part in the judging last week and had a nerve racking wait on Friday for results! Special congratulations to the group *“Posture and its Effects on the Presence of Asthma”* who received a highly commended from the judges. Congratulations to all our entries. We are very proud of your achievements.

[#weareucs](#) [#btyoungscientists](#) [#womeninstem](#)

The End of a Successful Hockey Season

The senior hockey season has come to an end. After a hard-fought match, the senior hockey team was beaten 1-0 in the Connacht final by a strong team from Athlone. The whole team is very talented and played so well. An honorary mention to the 10 6th years because it was their last match for the Ursuline after 6 great years. Well done girls!



[#proud](#) [#weareucs](#) [#bounceback](#) [#hockeyireland](#)



Senior Soccer Team Advances to Final

Huge congratulations to our Senior Soccer team who played Presentation Athenry and came away with a 2-1 win. The girls will now play in the Connacht Final. Sarah Kiernan (6th Year) put the ball in the back of the net twice, helping lead the team to victory. We wish the girls good luck as they face Claregalway College in the Final.



[#weareucs](#) [#soccerstars](#) [#goal](#)

Future Football Stars

Big shout out to Mairead McIntyre, 1st year, and Rachel McGoldrick, 2nd year, who have been chosen to play on the *Ireland Under-15s team*. Mairead is a striker and Rachel plays centre mid. We talked to the girls about how they felt being chosen for the team, and they were both very excited and honoured, but nervous for matches to come. Best of luck to Mairead and Rachel in their football careers!



[#weareucs](#) [#futurefootballstars](#) [#ireland](#)

4B Happiness Boards

Such important work has been done by our 4B class. They have been creating happiness boards with photos of the people and things that make them happy in their resilience module. This is a great way to recognise what matters most to you in life in a creative way! We are very grateful for all of the wonderful people in our lives...

Thank you for making us feel loved and cared for



#weareucs #resilience #mentalhealthmatters



Update your Contact Details

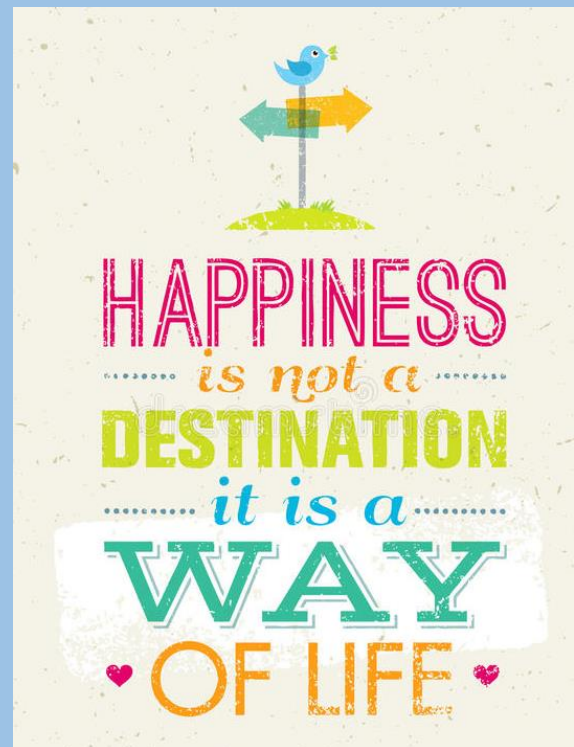
Can we ask everyone to let us know if you have updated your email address or mobile telephone number. Please just send us a message or pick up the phone.

Our contact details are at the top of our News Bulletin....

#KeepInTouch

Friday Feels

Happy Friday! Let's enjoy the weekend and come back ready to take on another exciting week ahead!



Choose little thing to make you happy

And

Do little things to make others happy