

Ursuline College Sligo



NEWS BULLETIN - 22/10/2021

Key updates and information for parents/guardians, staff & students

Introducing Our 2021-2022 Student Council!

The Student Council are elected to represent their fellow classmates and represent the "Student Voice" in the school. The Council members can make a valuable contribution and become more involved in school affairs. It is a link between our students and teachers to give students an opportunity to make positive changes in the school environment. They share ideas, interests, and concerns with teachers and senior management. They are involved in many essential charity and voluntary activities such as helping to organise 'The Shoebox Appeal' and Christmas Jumper Day, to name a few.

Here is a list of this year's Student Council Officers:

Head Girl: Rosha McDonnell
Deputy Head Girl: Cliona Walsh
Chairperson: Roisin Gantly
Vice Chairperson: Kirsten Martinez
Secretary: Eva McCaffrey
Vice Secretary: Isabelle Roche
Treasurer: Aimee McGoldrick
Vice Treasurer: Alannagh Gilmartin
Public Relations Officer: Jasmine Hughs
Vice Public Relations Officer: Ella Moran











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We interviewed our Head Girl and Deputy Head Girl to learn more about their goals for this upcoming year. Here is what Rosha and Cliona had to say:

What are your plans or goals for this year?

Rosha: I really want to help people settle back down after Covid and I would really like for every student to feel included and seen.

Cliona: I want to help create an environment where everyone in each year gets on well together and that there is an effective communication link between all students.

What was your main reason for applying for this position?

Rosha: I really enjoyed my six years in this school and I've got so much out of my time here and I want everyone else to have the same opportunity.

Cliona: I always looked up to previous Head Girls in the past, so when I had the opportunity to demonstrate my leadership skills, I put my name forward!

What qualities should a Head Girl/Deputy Head Girl possess in your opinion?

Rosha: I think you have to be someone that's friendly and approachable and really willing to listen to everyone because it's not really about you, it's more about representing all the students in the school.

Cliona: I believe they should be very understanding, especially after the difficult last couple of years.

Focus Ireland Shine A Light Sleep Out

Our Transition Year students recently participated in the Focus Ireland Shine a Light Night. On October 15th, many of the students slept outside in order to raise money and awareness of the homeless crisis in Ireland. It was a hugely successful fundraiser as the Ursuline College raised a total of €11,492. This money will be used by Focus Ireland to help the 930 families who are currently homeless in Ireland.



We spoke to some of the students who participated in the sleep out to find out what they had to say. Overall, they found the experience challenging. It was difficult to stay out in the cold all night, and many struggled to sleep. This really brought the reality of homelessness into perspective. They believe the work Focus Ireland does is very beneficial, and hope the money the Ursuline raised will go towards helping all those who need it, especially as winter approaches.

We'd like to say a heartfelt thank you to everyone who donated money towards this worthy cause!

Study Skills Workshop

This week, both the 5th years and 1st years took part in some brain taxing but rewarding study skills workshops. The 1st years received a handy booklet with key tips and tricks to help with homework and organising revision plans to help with exams.



Meanwhile the 5th years took part in the "*Mastermind Program*" from Inspire. The focus of this programme is in helping students with their preparation for the challenging and testing senior cycle years.

A Busy Week for TY Students

First Aid Training

All of the TY students have been involved in First Aid Training workshops this week. The girls learned how to perform CPR, use a defibrillator, and how to react to different medical emergencies.

This fantastic training was interactive and allowed every student an opportunity to get involved. Fantastic to see the students rolling up their sleeves and learning skills for life..... #PositiveAttitude



Consent Workshop

This week our TY's completed a 2-hour workshop on Consent, conducted by two representatives from the Sligo Rape Crisis Centre. In their class groups, they discussed the meaning of consent and laws surrounding the legal age of consent in Ireland. The workshop allowed the girls to express their thoughts and opinions on the subjects explored. We would like to thank the facilitators for delivering this talk, we're sure the girls learned lots of life lessons along the way.

TY Trip to the Cinema

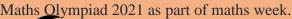


D'fhreastail ár ranganna idirbhliana ar an sárscannán Arracht maidin Dé hAoine. Is scannán machnamhach é seo a léiríonn eispéireas fear aonair I gConamara i rith an Ghorta Mhóir. Baineadh taitneamh as aisteoireacht den scoth agus na radhairc den taobh tíre fíorálainn ach sceirdiúil. Chuir na scoláirí go mór lena stór focal agus bhain siad taibhre as a dturas chuig

an bpictiúrlann

Maths Olympiad!!

Well done to all of our 3rd years who took part in the





Halloween Celebrations in The Ursuline!!

Here's how we're celebrating......

Making geographical pumpkins, making repeating patterns and spooky ghost decorations:



Fancy Dress Friday

Today, Friday the 22nd of October, is the last day before midterm break and it was Halloween fancydress day here in UCS. In previous years, the invitation to dress up has only been extended to first years, along with an afternoon of Halloween games and festivities, but this year the whole school has a chance to show off their costumes and start midterm off in spooktacular fashion!

It has been very exciting to hear students and staff around the school talking about their ideas all week, and many have put so much effort into their wonderful costumes. Oiche Shamnha Shona, and enjoy the midterm!

Check out the next page for a selection of the spooky and creative looks from the day......

A Great Start to the Hockey Season! Senior Hockey

Congratulations to our Senior A hockey team as they won their first league game of the season. The girls played against Sligo Grammar School on Thursday, and came away with an impressive win. Well done to the girls, and best of luck for the rest of the season.



2nd Year Hockey Success



This week, after a long-awaited start, our 2nd year hockey players finally got to play their first hockey match. It was a friendly match against Sligo Grammar School and everyone played wonderfully. Best of luck girls in the season ahead......#Active

Midterm Feels

We wish everyone a happy and safe midterm break. We hope everyone returns in November feeling rested and ready to take on the second half of the term.

Stay safe and enjoy!







































