



Ursuline College Sligo



NEWS BULLETIN – 30/04/2021

Key updates and information for parents/guardians, staff & students



Darkness into Light

The annual Pieta *“Darkness Into Light”* fundraising event will take place at sunrise on the 8th of May.

This year you can choose to sign up for a special sunrise event- walk, swim, bike or simply share your sunrise moment. You could also choose to take part in the *Darkness Into Light Challenge*, where the sign-up fee is waived for anyone who pledges to fundraise €150. The past year has been a struggle for everyone and it has never been more important to take care of your mental health and that of the people around you. Ursuline College Resilience Council is encouraging everyone to take part this year, support this amazing cause and spread the gift of hope. Make sure to check out next week's News Bulletin, where we will have some ideas and tips on how to get involved and be part of the activities. Remember all you have to do is register at www.darknessintolight.ie



[ucsoffice@ ursulinecollegesligo.ie](mailto:ucsoffice@ursulinecollegesligo.ie)



071 9161653



www.ursulinecollegesligo.ie



Girls Active

Another great week for our 1st year Girls Active members. Well done to everyone who got involved and once again it's not too late for any of our 1st years to join this great initiative.

Our top 3 runners from last week were:

Molly Sproule (1B)	63.2km
Anna Breheny (1D)	33km
Kate O'Donovan (1B)	29.3km



A special well done to Molly who came top of the leader board - out of all the 1st years in Sligo.

And remember.....

Keep moving!.

Let's get out and enjoy the
sunshine.

Keep up the great work
girls!





This week Aoife Devlin 6D, is participating the *Milano 2021 International Session of European Youth Parliament*. Aoife is one of the Irish delegates selected for this flagship event each year. As a member of the SEDE committee for Security and Defense, she is joining young Europeans from over 40 countries in debating some of the most pressing issues of the day. Over the 8 day session from the 24th of April until the 1st of May she is engaging in active citizenship, exchanging ideas and perspectives with over 200 other young people. Great work Aoife and well done on being front and centre debating such important issues.



As part of '*Active Schools Week*' all students took part in a 1km walk/run challenge during their PE classes. Walking is one of the easiest, most accessible forms of physical activity- you can do it almost any time in almost any location! Well done to all participants in helping create positive habits for a healthier, happier and more active you.



Transition Years - Busy Bees!!



The TY's continue to work with Vanessa and Sarah on their musical extravaganza and we eagerly await the final cut.



They also took part in *INTINN*-this is Cork International Film Festival's specially coordinated film and mental health programme offered to Transition Year and Senior Cycle students nationwide. The programme included a specially curated film screening, discussion and workshop.

On Friday the 30th TY's start a 3 part music workshop with local musician Stephen Caheny, titled Music Through The Ages. This workshop is provided by Sligo Libraries. Stephen Caheny will guide the girls through a range of eras, genres and styles of music over the course. It focuses on melodies, rhythm and ask the girls to examine why music is not only an enjoyable experience, but how it can motivate you both mentally and physically!



Make sure to check out Sligo Central Library home page for a huge range of online fun activities and workshops for all the family at

<https://sligolibrary.ie/sligo-central-library/>



Recently, we have been keep track of our TY students who were competing in the recent Network for Teaching Entrepreneurship (NFTE) programme. We are delighted to announce that both companies were successful in reaching the TOP 9 National Finalists.

Congratulations to Anna Clarke and Anna Callaghan, aka the “2 Annas”. They have secured a place in the TOP 9 National Finalists of the NFTE Awards for **Youth Entrepreneur of the Year 2021**.



And congratulations to Fiona Karki, who founded “PSTLS”. She has also reached the TOP 9 National Finalists in the NFTE Awards for **Best Idea Category 2021**.



Well done and we wish the girls the very best in their endeavours. We will keep you posted, stay tuned!!

Friday Feels

Simple but true!



Reminders

COVID-19 update

Following the successful return to school of all our students, we would like to take this opportunity to say thank you for all of your hard work and to remind everyone to:

- continue to wash your hands regularly,
- sanitise your desks,
- wear your masks and
- keep at least 1 meter apart.

